

**How to calm me  
down**\_\_\_\_\_

**How to tell when I'm  
uncomfortable**\_\_\_\_\_

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**Size of t-shirt you will need!**

**Child's XS** \_\_\_ **Child's Small**\_\_\_ **Child's Medium**\_\_\_  
**Child's LG**\_\_\_ **Child's XL**\_\_\_

**Adult Small**\_\_\_ **Adult Medium**\_\_\_ **Adult LG**\_\_\_

**Adult XL**\_\_ **Adult XXL**\_\_\_ **Adult XXXL**\_\_\_

**\*Return this Registration Form by Sunday July 23<sup>rd</sup> to receive  
your FREE t-shirt on the night of the event!**

**Print and Mail or Hand Deliver to:**

**Mt Vernon Baptist Temple**

**817 Woodland Drive**

**Mt Vernon, Illinois 62864**

**By Fax: (618) 244-5726**

**By Email: timrey1@hotmail.com**